## Are you ready to stop using tobacco for good?

## The Cooper/Clayton Method to Stop Smoking can help!

This free 13-week program combines nicotine gum, patches or lozenges with support and behavior modification in a supportive group setting. The next Cooper/Clayton series will begin:

> <Insert Day, Date> <Insert Time> <Insert Location>



For more information or to register, contact <Insert Name, Organization> <Insert Phone Number>



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